

LAMBs Annual report 2024.

What a fabulous year we have had at LAMBs this year in 2024. Our numbers are up on last year. We had 11 disco events and one trip to Blackpool in August 2024.

Our Christmas Disco this year was a raving success with Fr Christmas in attendance, who gave a small pre Christmas selection box to each of our members. They also enjoyed Christmas photographs in front of the Christmas Tree and a best Christmas Jumper competition.

James and Mat, our resident DJ's continue to do a wonderful job providing dance music and taking requests. Although Mat has been missing for the last few discos due to touring in America with his band, The March Violets. Thank you both for your continued brilliant DJ'ing and presence.

We have the lovely Ellie joining us in the kitchen and getting to know our members from St Vincent's Parish. Sam is continuing to help even though he has completed his Duke of Edinburgh duties and travelling a long way to get here on a Wednesday evening. So, thank you so much to both, for your time and commitment to help make this a special event for our LAMBs members.

We had our annual trip to Blackpool in August 2024 on a freezing cold and wet day. Our trip was supplemented financially by the funds donated by you, our parishioners, to allow everyone to have a fish and chip lunch, prior to going onto Blackpool, which was very appreciated as it was very cold. We had a few parishioners join us this year and our Refugee family attended and had a wonderful time.

We now have 69 members with an average of 36 members and 23 carers attending per disco. We have had some themed discos to add a little variety and fun to our disco's. In January we will have our first disco – A New Years Party for 2025. Our Sparkle curtain provided an excellent backdrop to our Valentine Disco photographs in 2024. We had photos printed out for members to take home and our LAMBs were able to gift their loved ones/carers a rose. Our Halloween disco was made all the more special by Amanda who made and brought her themed, very tasty, fairy spooky fairy buns.

A massive thank you to all our parishioners who support LAMBs with your donations, your time making sandwiches and help preparing the church for the disco and for those who come at the end to help put the church back together again. You have no idea how this helps to run this disco smoothly and how appreciated it is. It may seem like a small thing to you but to us it is a huge help and makes it even more sustainable knowing you are there to consistently support us.

Our lovely Helen keeps up to date with all the LAMBs outside of the disco and really keeps that link between the LAMBs and Our Parish, St Vincent's. All our members, carers and St Vincent's are grateful and delighted with all Helen does to make this disco a success.

We must always remember our regular, committed kitchen staff, who turn up monthly whatever the weather to ensure all the LAMBs have something to eat and drink, clean the church, kitchen and toilets after every LAMBs event. Way to go to you all, you are all absolutely, amazing. It is an absolute pleasure to have the opportunity to be part of such a dedicated and unassuming team. Thank you all.

A big shout out to Paul for the SVP donation, for continuing to support us every month.

Should you wish to become involved in helping at LAMBs please see/speak to Lucy, Neal or Jane at St Vincent's - for those who don't know what LAMBs is – it is a disco for learning disabled and their carers. It's fun, relaxing and a joy to be involved in. Please don't be shy should you want to know more about how to get involved or just want to know more about it.